



NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

BIRTHDAY \_\_\_\_/\_\_\_\_/\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**RESIDENCY—CHECK ONE**

RESIDENT \_\_\_\_\_ NON-RESIDENT \_\_\_\_\_ VOLUNTEER \_\_\_\_\_

WORK/ADDRESS \_\_\_\_\_

**PROGRAMS (Please circle the correct amount)**

Pay Instructor	11080	AARP Safe Driver Course 7/13
FREE!	11082	Armchair Travel 7/18
\$23   30	11006	Balance and Flex
\$38   49	10993	Chair Yoga
\$35   46	11008	Circuit Training
\$21   27	11009	Delay the Disease™
\$44   57	11001	Energy of You, The
FREE!	11112	Essential Oils for Pain 7/11
\$40   52	11003	Fearless Falling
\$40   52	11004	Fearless Falling: Tai Chi
\$86   112	11000	Hatha Yoga (Friday)
\$38   49	11026	Hatha Yoga (Sat 8:30am)
\$38   49	11027	Hatha Yoga (Sat 10:00am)
FREE!	11077	Lunch & Learn 7/18
FREE!	11113	Project Linus
FREE!	11114	Scrapbooking
FREE!	11170	Senior Sewing Club
\$39   51	11020	Strength & Core
\$40   52	11072	Tai Chi Beginners
\$40   52	11071	Tai Chi Advanced
\$5   7	11084	Unfinished Objects 7/11
\$5   7	11085	Unfinished Objects 7/25

**TRIPS & EVENTS**

\$54   70	11069	Cincinnati Art Museum 8/3
\$15   20	11019	Clippers Baseball Game 8/13
\$14   18	11103	Decorative Arts Center 7/17
\$15   20	11104	Grandma's Gardens 7/27
\$28   36	11088	In and Around Wooster 8/4
\$17   22	11102	Mockingbird Meadows 7/12
\$28   36	11087	Music in the Valley Folk & Wine Fest. 7/14
\$6   8	11093	Mystery Lunch 7/24
\$21   31	11136	Newark, Licking Co. Jail/Speakeasy 7/10
\$15   20	11105	Ohio State Fair - Senior Day 7/31
\$10   13	11135	OSU Alumni Band Tailgate 8/5
\$8   10	11111	Pickle Tasting Party 8/1

**Historic Bus Tours**

\$14	10648	Historic District 7/20
\$14	10649	Flint/Underground RR 8/17

**SHOPPING (Monday)**

FREE!	11168	Kroger 7/2
FREE!	11168	Meijer 7/9
FREE!	11168	Walmart 7/16
FREE!	11168	Kroger 7/23
FREE!	11168	Trader Joe's/Meijer 7/30

**Tech Help with Teens (July 11)**

FREE!	11149	1:00 - 1:30pm
FREE!	11150	1:30 - 2:00pm
FREE!	11151	2:00 - 2:30pm
FREE!	11152	2:30 - 3:00pm
FREE!	11153	3:00 - 3:30pm
FREE	11154	3:30 - 4:00pm

**MEMBERSHIP – Only Check if Purchasing a Membership**

\$12	_____	Resident
\$18	_____	Nonresident
\$12	_____	Works in Worthington
_____	_____	SilverSneakers®

Fitness Room, Personal Training and Strength Class on reverse

Office Use Only					
Check	Cash	Charge	Account	Gift Card	

TOTAL \$ \_\_\_\_\_



### FITNESS ROOM

\$40 | 52 Fitness Room  
 \$45 | 59 Fitness Assessment

### PERSONAL TRAINING

\$14 | 18 30 min.  
 \$24 | 31 1 hour  
 \$65 | 85 3 one hr. sessions

### STRENGTH CLASS

\$26 | 34 10 Class Punch Card  
 \$39 | 51 15 Class Punch Card

TOTAL \$ \_\_\_\_\_

### HOLIDAYS

The Griswold Center will be closed:  
 Wed July 4 Independence Day  
 Mon Sep 3 Labor Day

### JULY PROGRAMS

#### MEMBER REGISTRATION DATES

Wed June 27 Residents  
 Volunteer/Work in Worthington  
 Thu June 28 Non-Residents

#### NON-MEMBER REGISTRATION DATE

Fri June 29 Open Registration

### EMERGENCY CONTACT INFORMATION

Please provide two separate contacts that we may be able to reach in the event of an emergency.

	<u>NAME</u>	<u>RELATIONSHIP</u>	<u>HOME</u>	<u>WORK</u>	<u>CELL</u>
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____

### RELEASE OF ALL CLAIMS AND PROMISE NOT TO SUE

As a participant in this and any other program of the City of Worthington, I recognize and acknowledge that there are certain risks and I agree to assume all such risks including any damages resulting from physical injuries, death, loss of services or consortium, loss or damage to property, or any other loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs. In consideration of the City of Worthington accepting me or my child's registration and with the intent to be legally bound, I hereby for myself, for my child all heirs, executors, administrators, and assigns, do hereby forever release, waive and relinquish all claims I have or may have as a result of participating in this and all other programs of the City of Worthington. Furthermore, I promise not to sue the City of Worthington and agree to indemnify and hold harmless and defend the City of Worthington, and its officers, agents, servants, employees and insurers, from any and all liabilities, claims, demands actions or causes of action resulting from physical injuries, including death, loss of services or consortium, loss or damage to property, or any other loss which I may have or my child may have, or which may accrue to me on account of my participation in this and all other programs of the City of Worthington. I also agree that the Worthington Parks and Recreation Department may (without any restrictions) photograph, film, video or take sound recordings of me or my child. I grant permission to the Worthington Parks and Recreation Department to use the images and recordings in any manner determined appropriate and I waive any right to compensation or monetary damages with respect to such use.

**Read Carefully - By Signing This You May Give Up Important Legal Rights**

\_\_\_\_\_ Date \_\_\_\_\_ Signature of Participant