



NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

BIRTHDAY \_\_\_\_/\_\_\_\_/\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**RESIDENCY—CHECK ONE**

RESIDENT \_\_\_\_\_ NON-RESIDENT \_\_\_\_\_ VOLUNTEER \_\_\_\_\_

WORK/ADDRESS \_\_\_\_\_

**PROGRAMS (Please circle the correct amount)**

FREE!	11430	Armchair Travel 8/15
\$38   49	10994	Chair Yoga
FREE!	11138	Cookie Baking 8/8
\$25   33	11010	Delay the Disease™
\$44   57	11002	Energy of You, The
\$44   57	11028	Hatha Yoga (Sat 8:30am)
\$44   57	11029	Hatha Yoga (Sat 10am)
FREE!	11078	Lunch & Learn 8/15
\$5   7	11063	Unfinished Objects 8/8
\$5   7	11064	Unfinished Objects 8/22

**TRIPS & EVENTS**

\$12   16	11092	Cleveland Museum of Art 8/28
\$7   9	11090	Der Dutchman 8/10
\$6   8	11091	Mystery Breakfast 8/14
FREE!	11018	Pet Massage 8/22
\$7   9	11089	Topiary Park, Katzinger's 8/9
\$13   17	11107	Wine & Seafood, Cincinnati 8/21

**Historic Bus Tours**

\$14	10649	Flint/Underground RR 8/17
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**SHOPPING (Monday)**

FREE!	11168	Walmart 8/6
FREE!	11168	Kroger 8/13
FREE!	11168	Meijer 8/20
FREE!	11168	Polaris (return @2) 8/27

**FITNESS ROOM**

\$40   52	Fitness Room
\$45   59	Fitness Assessment

**PERSONAL TRAINING**

\$14   18	30 min.
\$24   31	1 hour
\$65   85	3 one hr. sessions

**STRENGTH CLASS**

\$26   34	10 Class Punch Card
\$39   51	15 Class Punch Card

**Tech Help with Teens (Aug 8)**

FREE!	11155	1:00 - 1:30pm
FREE!	11156	1:30 - 2:00pm
FREE!	11157	2:00 - 2:30pm
FREE!	11158	2:30 - 3:00pm
FREE!	11159	3:00 - 3:30pm
FREE	11160	3:30 - 4:00pm

## OSU Alumni Band Tailgate



**Saturday, August 5 | 5:30pm - 7pm**  
(concert starts @ 7pm)

**MEMBERSHIP — Only Check if Purchasing a Membership**

\$12	Resident
\$18	Nonresident
\$12	Works in Worthington
	SilverSneakers®

**Office Use Only**

Check	Cash	Charge	Account	Gift Card
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TOTAL \$ \_\_\_\_\_



### To Register For Programs

- On or after the day you are eligible to register, sign up for programs at the Griswold Center between the hours of 9:00am and 4:00pm.
- Make checks payable to Worthington Parks and Recreation Department. Use the Resident Discount Fee if you live or work within the corporate city limits.
- After the third day of registration, anyone 18 years of age or older may sign up for available activities. You may also register by mailing or dropping off your registration. The form will be held and processed at the end of the appropriate registration day. If an activity fills up before a "held registration" is processed, you will be enrolled on the waiting list and called.
- **Online registration** for Griswold Center Programs opens at 9am the day you are eligible to register. You can register online at <https://apm.activecommunities.com/worthington> (or go to [worthington.org](http://worthington.org) and click on Recreation Registration). You will need to have a valid email address on file to register online.

### HOLIDAYS

The Griswold Center will be closed:

Wed	July 4	Independence Day
Mon	Sep 3	Labor Day

### AUGUST PROGRAMS

#### MEMBER REGISTRATION DATES

Wed	July 25	Residents/Volunteer & Works in Worthington
Thu	July 26	Non-Residents

#### NON-MEMBER REGISTRATION DATE

Fri	July 27	Open Registration
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### EMERGENCY CONTACT INFORMATION

Please provide two separate contacts that we may be able to reach in the event of an emergency.

	<u>NAME</u>	<u>RELATIONSHIP</u>	<u>HOME</u>	<u>WORK</u>	<u>CELL</u>
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____

### RELEASE OF ALL CLAIMS AND PROMISE NOT TO SUE

As a participant in this and any other program of the City of Worthington, I recognize and acknowledge that there are certain risks and I agree to assume all such risks including any damages resulting from physical injuries, death, loss of services or consortium, loss or damage to property, or any other loss which I may sustain as a result of participating in any and all activities connected with or associated with such programs. In consideration of the City of Worthington accepting me or my child's registration and with the intent to be legally bound, I hereby for myself, for my child all heirs, executors, administrators, and assigns, do hereby forever release, waive and relinquish all claims I have or may have as a result of participating in this and all other programs of the City of Worthington. Furthermore, I promise not to sue the City of Worthington and agree to indemnify and hold harmless and defend the City of Worthington, and its officers, agents, servants, employees and insurers, from any and all liabilities, claims, demands actions or causes of action resulting from physical injuries, including death, loss of services or consortium, loss or damage to property, or any other loss which I may have or my child may have, or which may accrue to me on account of my participation in this and all other programs of the City of Worthington. I also agree that the Worthington Parks and Recreation Department may (without any restrictions) photograph, film, video or take sound recordings of me or my child. I grant permission to the Worthington Parks and Recreation Department to use the images and recordings in any manner determined appropriate and I waive any right to compensation or monetary damages with respect to such use.

**Read Carefully - By Signing This You May Give Up Important Legal Rights**

\_\_\_\_\_ Date

\_\_\_\_\_ Signature of Participant