



Summer 2009

Lap Pool Schedule

June 8-August 25, 2009

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swimming () # of Lanes	6:00-7:15 am (2)	6:00-8:00 am (4)	6:00-7:15 am (2)	6:00-8:00 am (4)	6:00-7:15 am (2)	8:00-9:45 am (4)	
	7:15-8:15 am (4)	8:00-9:00 am (2)	7:15-8:15 am (4)	8:00-9:00 am (2)	7:15-8:15 am (4)	Lap Pool Closed 9:45-Noon	
	8:15-9:15 am (2)	9:00-10:15 am (1)	8:15-9:15 am (2)	9:00 am-10:15 am (1)	8:15-9:15 am (2)		
	9:15-10:30 am (1)	10:15-11:00 am (4)	9:15-10:30 am (1)	10:15-11:00 am (4)	9:15-10:30 am (1)	Noon-7:30 pm (4)	Noon-7:30 pm (4)
	10:30-11:00 am (4)		10:30-11:00 pm (4)		10:30 am-9:00 pm (4)		
	Lap Pool Closed 11:00 am-Noon	Lap Pool Closed 11:00 am-Noon	Lap Pool Closed 11:00 am-Noon	Lap Pool Closed 11:00 am-Noon			
	Noon-7:00 pm (4)	Noon-8:00 pm (4)	Noon-7:00 pm (4)	Noon-7:00 pm (4)			
	7:00-9:00 pm (2)	8:00-9:00 pm (2)	7:00-9:00 pm (2)				
				Lap Pool Closed 7:00-8:00 pm			
				8:00-9:00 pm (2)			
Programs	6:15-7:15 am Aerobics Lets Do It All	8:00-9:00 am Aerobics Arthritis Aquatics	6:15-7:15 am Aerobics Lets Do It All	8:00-9:00 am Aerobics Arthritis Aquatics	6:15-7:15 am Aerobics Lets Do It All	9:45-10:45 am Aerobics Lets Do It All	None
	8:15-9:15 am Aerobics Step Into Aquatic Fit.	9:00-10:15 am Aerobics Low Impact/Floatation	8:15-9:15 am Aerobics Step Into Aquatic Fit.	9:00-10:15 am Aerobics Low Impact/Floatation	8:15-9:15 am Aerobics Step Into Aquatic Fit.	10:00-Noon Swim Lessons	None
	9:15-10:30 am Aerobics Lets Do It All	11:00 am-Noon Swim Lessons	9:15-10:30 am Aerobics Lets Do It All	11:00 am-Noon Swim Lessons	9:15-10:15 am Aerobics Lets Do It All		
	11:00 am-Noon Swim Lessons	8:00-9:00 pm Aerobics Complete Aquatic Workout	11:00 am-Noon Swim Lessons	7:00-8:00 pm Swim Lessons			
	7:00-9:00 pm Aerobics Aqua Fitness Medley		7:00-9:00 pm Aerobics Aqua Fitness Medley	8:00-9:00 pm Aerobics Complete Aquatic Workout			

Day Passes:
Seniors: \$6.00
Adults: \$8.00
Children: \$5.00
 (3 & Older)
For information and updates please call 436-2743.

All pools will be closed from August 26 - September 13 for cleaning and maintenance.