CC preschool

Trick or Treat at the Griswold

OCT 31
10:30 AM - 12:30 PM
1:15 PM - 3:30 PM

NOV 1
10:30 AM - 12:30 PM

New Class!
Beginning Tap Page 10

Check out our new sign!

Did you know...

COMMUNITY CENTER
The Community Center preschool program has been offered for over 40 years.

GRISWOLD CENTER
There has been a secret fairy garden hidden on the grounds of the Griswold Center for over 10 years!

PARKS
There are Pollinator Habitats at Perry, East Granville and Linworth Road Parks.

Griswold Center | 777 High Street | Worthington, OH 43085 | 614-842-6320 | worthington.org
### Programs
- Adventures in Writing: 4-5
- Armchair Travel: 13
- Balance & Flex: 9
- Beginning Tap: 10
- Bipartison Group: 4-5
- Book Discussion: 4-5
- Bridge: 4-5
- Cardio Line Dancing: 4-5
- Circuit Training: 9
- Chair Volleyball: 4-5
- Chair Yoga: 11
- Chess Club: 4-5
- Community Center Events: 24-25
- Conversational Spanish: 4-5
- Current Events: 4-5
- Delay the Disease: 9
- Current Events: 4-5
- Conversational Spanish: 4-5
- Community Center Events: 24-25
- Conversational Spanish: 4-5
- Current Events: 4-5
- Delay the Disease: 9
- Double Deck Pinochle: 4-5
- Duplicate Bridge: 4-5
- Dying a Silk Scarf: 15
- Fall Zentangle: 15
- Feldenkrais Method: 9
- Fearless Falling: 10
- Fearless Falling: Self Defense Tai Chi: 10
- Fun & Fitness: 4-5
- Game Night: 4-5
- German Club: 4-5
- Hatha Yoga: 11
- History Group: 4-5
- Holiday Gift & Dec w/Origami: 15
- Jazzy Tap w/ NY Flair: 10
- Kemper Cognitive Assessments: 13
- Knit Wits & Crochet Hooks: 4-5
- Line Dancing: 4-5
- Lunch & Learn: 14
- Mah-Jongg: National: 4-5
- Massage Appointments: 13
- Pinterest: 15
- Play Reading Group: 4-5
- Project Linus: 15
- Restorative Yoga: 11
- Senior Sewing: 15
- Scrabble: 4-5
- Scarf Tying: 15
- Silversneakers: 6,7

### Trips & Events
- Acorn Adventures: 16
- Aldi: 17
- BalletMet, be MOVED: 17
- Cleveland Mus. of Art: Michelangelo: 17
- Cracker Barrel & Tanger: 17
- Dayton Art Institute, Maker & Muse: 19
- Der Dutchman/Yutz's: 18
- Dinner with Friends: 16
- Elf The Musical, LaComedia: 18
- Game Night Kickoff: 23
- Golf Banquet: 23
- Great Westerville Pumpkin Glow, The: 17
- Griswold Holiday Party: 23
- Holiday Luncheon with Museaic: 23
- Holiday Spectacular, New Albany Sym: 19
- Honda Plant Tour: 18
- Into the Spotlight: Historical Society: 23
- Jersey Boys: 19
- LaBoheme: 18
- Lebanon Fall Flyer & Sauerkraut Fest: 17
- Logan County History Center: 17
- Mystery Lunch: 16
- Nunsense, LaComedia: 19
- Pumpkin Madness: 23
- Schmidt's & Golden Hobby: 19
- Shopping: 20
- Show & Tell: Bring an Object: 23
- Show & Tell: Holiday Momento: 23
- Thanksgiving Lunch: Veteran's Day: 23
- The Showstoppers Christmas Follies: 19

The Griswold Center is a Parks and Recreation facility dedicated to providing quality programs and services to adults 55 years of age and older. We invite you to visit the Griswold Center and take a tour.

### Mission Statement
To create community through exceptional parks, programs, facilities, and events.

### Vision
**Worthington Parks & Recreation will:**
- Provide safe, family friendly environments.
- Be a leader in customer service.
- Provide exceptional maintenance and cleanliness.
- Lead in community health and wellness.
- Provide innovative parks and recreation.
- Be positive people providing fun interactions.
- Strive for sustainable practices.
GRISWOLD REGISTRATION DATES
Registration begins promptly at 9 a.m.

Registration Information
Registration is held on a monthly basis at the end of each month for activities that take place or begin in the following month (unless otherwise noted in the brochure). Registration falls on the last consecutive Wednesday, Thursday, Friday of the month with the following designated days:

Wednesday: Resident Members/Work in Worthington/
Volunteering Griswold Members
Thursday: Non-Resident Members
Friday: Open to All

Held Registrations
Registration forms can be mailed in or dropped off, with payment, prior to registration and held until the day you are eligible to register. Held registrations will be processed in the order they are received at 4 p.m.

OCTOBER
Member Registration Dates
Wednesday, September 25 • Residents/Volunteers
Thursday, September 26 • Non-Residents

Non-Member Registration
Friday, September 27 • Open Registration

NOVEMBER
Member Registration Dates
Wednesday, October 23 • Residents/Volunteers
Thursday, October 24 • Non-Residents

Non-Member Registration
Friday, October 25 • Open Registration

DECEMBER
Member Registration Dates
Wednesday, November 20 • Residents/Volunteers
Thursday, November 21 • Non-Residents

Non-Member Registration
Friday, November 22 • Open Registration

THE GRISWOLD CENTER HOURS
Monday – Friday: 8:00 AM–5:00 PM

HOLIDAY HOURS
Thursday, November 28 (Thanksgiving Day): Closed
Friday, November 29: Closed
Tuesday, December 24: 8 a.m. - Noon
Wednesday, December 25: Closed

ONLINE REGISTRATION
Visit us at worthington.org

BROCHURE INFORMATION
The brochure will be available at the Griswold Center, online and will be delivered to the following locations:
Stafford Village
The Residences
Melbourne Village
Worthington Community Center
You may request to have a brochure mailed to you by calling us at 614-842-6320. We do not have a mailing list.

REFUND POLICY
Refunds are approved as long as we receive at least 24 hours notice before the program begins AND your spot has been filled from the wait list.
Annual Memberships are valid for one year from the date of purchase and includes the classes listed below. Members receive priority registration to all other Griswold activities, class and trips.

<table>
<thead>
<tr>
<th>Age 55 and over</th>
<th>$12</th>
<th>$18</th>
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</thead>
<tbody>
<tr>
<td>Age 54 and younger</td>
<td>$20</td>
<td>$25</td>
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<table>
<thead>
<tr>
<th><strong>Monday</strong></th>
<th><strong>Tuesday</strong></th>
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<th><strong>Friday</strong></th>
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</thead>
<tbody>
<tr>
<td>8:30a - 9:30a Walking Group (various locations)</td>
<td></td>
<td>8:30a - 9:30a Walking Group (various locations)</td>
<td></td>
<td>10a-12p Play Reading Group (Case)</td>
</tr>
<tr>
<td>9:15a - 10:15a Fun and Fitness (Town Hall)</td>
<td></td>
<td>9:15a - 10:15a Fun and Fitness (Town Hall)</td>
<td></td>
<td>10a-12p Bipartisan Discussion Group (Case)</td>
</tr>
<tr>
<td>10a-11:30a History Group: The Civil War, US Presidents &amp; More (Thompson)</td>
<td></td>
<td>10:00a - 11:00a Current Events (Thompson)</td>
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<td></td>
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<tr>
<td>10:30a - 11:30a German Club (Case)</td>
<td></td>
<td>11:00a - 12:00p Line Dancing (Town Hall)</td>
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<tr>
<td>11a-11:45a</td>
<td></td>
<td>12:15p-1p Line Dance for Beginners (Town Hall)</td>
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<tr>
<td>12:30p-3:30p Chess Club (Topping)</td>
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<td>12:15p-4p Duplicate Bridge (Thompson)</td>
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<tr>
<td>1:30p-3:30p Speaking French (Thompson)</td>
<td></td>
<td>1:15p-3p Chair Volleyball (Town Hall)</td>
<td></td>
<td>1p-2p Conversational Spanish (Case)</td>
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<tr>
<td>2:30p-3:30p Table Tennis (Town Hall)</td>
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<td></td>
<td></td>
<td>1p-3p Scabbled (Thompson)</td>
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<tr>
<td>6p-8p Game Night (Case, Topping &amp; Thompson)</td>
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<td></td>
<td>3p-5p Table Tennis (Town Hall)</td>
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</tbody>
</table>
Adventures in Writing
We write, we share and we listen. Bring pen and paper then be warmed by a totally accepting environment and lots of wonderful.

Bipartison Group
An open discussion group on current issues

Book Discussion
Meet with this group to discuss plot, characters and authors. Share your viewpoints, discover a variety of books, and recommend your favorites. Quarterly schedules can be picked up at the Griswold Center or viewed online. 2nd Tuesday each month.

Bridge
Let’s play Bridge! Bring a partner or come on your own. New players with an intermediate understanding of Bridge are welcome!

Cardio Line Dancing
Dance Dance Dance! Learn the latest line dances of the 50-60-70’s......and beyond. Having a fun time while increasing your flexibility, coordination and endurance!

Chair Volleyball
Come have a great time while getting healthier! Even from a chair, this game helps develop good hand-eye coordination, develops upper body strength and most importantly is a fun, stress-reducing activity.

Chess Club
If you enjoy games of strategy consider trying chess! Whether you are an experienced chess player or are new to the game, you are welcome to join us.

Conversational Spanish
Brush up on your Spanish conversational skills in this new program.

Current Events
We’ll explore how past notable people and events of the past influence the present and future. Members can choose topics to be discussed

Game Night
Let’s play some games! Have a favorite? Bring it with you and share in fun with friends! Bridge and Euchre included.

Double Deck Pinochle
This exciting card game combines all the fun of Euchre, Bridge, Hearts, Spades and even the children’s game, War. In other words, it is a trick-taking game. New players welcome.

Duplicate Bridge
Duplicate or tournament bridge is also known as comparison bridge. The serious play never overshadows the atmosphere of friendship and sociability. It is best to arrive at the game with a partner. Singles are welcome but cannot be guaranteed a partner.

Fun and Fitness
An ongoing drop-in program. Includes sitting and standing exercises done to music.

German Club
Join the German Club for discussion of German events, reading and translating of text, along with German conversation.

History Group: The Civil War, US Presidents & More
This led discussion group will focus on different weekly topics including The Civil War, US Presidents and more. Quarterly schedules can be picked up at the Griswold Center.

Knit Wits & Crochet Hooks
All are invited to join the Knit Wits & Crochet Hooks group, who enjoy knitting, sharing stories, laughing and having fun! Come together to share patterns and skills of both knitting and crocheting while making gifts for family and friends. The Knit-Wits have sent over 100 children’s sweaters to World Vision and continue to work on prayer shawls for local churches. If you would like to learn the art of knitting, we’ll do our best to help you.

Line Dance for Beginners
Line dancing can be intimidating if you have never tried it. Learn the fundamentals and very basic steps in this class and feel confident dancing with the intermediate and advanced classes.

Line Dancing
Join the line dance classes and do the latest steps. You don’t need a partner. 10:15 a.m. - Easy 11:00 a.m. - Intermediate

Mah-Jongg: National
Now playing National Rules and looking for new players! Join us in the fascinating and challenging game popular in the U.S. since the 1920s.

Play Reading Group
For anyone who loves literature and good writing. Come and join our play reading group. There will be something for everyone, comedy, drama, romance and mystery! We will read scripts from many different styles, then discuss the themes and characters.

Scrabble
Join us for a fun afternoon of Scrabble! We play 2 or 3 games, depending on how the games go. Anyone interested in playing is welcome. Boards and dictionaries are provided.

Speaking French
Maintain your conversational skills with those fluent in French.

Table Tennis
Have a good time playing while exercising all two thousand body parts. Play singles or doubles with men and women of all skill levels. Paddles and balls are provided or bring your own.

Walking Group
Stride at your own pace at area parks or malls. Meet new friends while experiencing a low impact and healthy exercise. For more details pick up a walking schedule at the front desk.
About SilverSneakers®

Tivity SilverSneakers® Fitness program is the nation’s leading fitness program designed exclusively for older adults. This comprehensive program addresses the physical, mental and social needs of Medicare-eligible members (usually 65-plus). Adults over age 65 who adopt a physically active lifestyle can substantially improve their health to get more out of life. PRIME is available to adults ages 18–64 whose health insurance includes this program as a wellness benefit.

Memberships

Tivity SilverSneakers® and PRIME members receive a no-cost Community Center and/or Griswold Center membership, which includes all member benefits. Eligibility for these insurance-based programs can be confirmed at the Community or Griswold Center customer service desks.

For SilverSneakers® participants this also includes the opportunity to participate in the signature SilverSneakers® group exercise classes. Both programs offered at both the Community Center and Griswold Center are listed below. For PRIME participants this includes the opportunity to participate in the SilverSneakers® BOOM classes.

### SilverSneakers BOOM™ MOVE

This fun, dance-inspired workout improves your cardio fitness with easy-to-follow moves set to energizing music.

**Griswold Center**

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<th>Day</th>
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<th>Instructor</th>
<th>Max.</th>
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<tbody>
<tr>
<td>Mon</td>
<td>1:00PM–1:30PM</td>
<td>Sandy Hull</td>
<td>30</td>
</tr>
<tr>
<td>Fri</td>
<td>8:30AM–9:00AM</td>
<td>Sandy Hull</td>
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**Community Center**

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<tbody>
<tr>
<td>Tues</td>
<td>8:30AM–9:00AM</td>
<td>Judy Hunter</td>
<td>25</td>
</tr>
<tr>
<td>Thu</td>
<td>2:00PM–2:30PM</td>
<td>Bev Tabb</td>
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### SilverSneakers BOOM™ MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill.

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<td>Thu</td>
<td>2:30PM–3:00PM</td>
<td>Bev Tabb</td>
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### SilverSneakers BOOM™ MIND

The best from yoga and Pilates are combined into one fusion class designed to relax your body and mind. The focus is on core muscles, lower-body strength and balance.

**Griswold Center**

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<td>Mon</td>
<td>2:00PM–2:30PM</td>
<td>Sandy Hull</td>
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<tr>
<td>Fri</td>
<td>9:30AM–10:00AM</td>
<td>Sandy Hull</td>
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**Community Center**

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<tr>
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<td>9:30AM–10:00AM</td>
<td>Judy Hunter</td>
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<tr>
<td>Thu</td>
<td>3:00PM–3:30PM</td>
<td>Bev Tabb</td>
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</table>
**SilverSneakers® Classic**

Increase muscle strength and range of movement, and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor can modify the exercises for your fitness level.

**Community Center**

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<tbody>
<tr>
<td>Mon</td>
<td>9:00AM–10:00AM</td>
<td>Judy Hunter</td>
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<tr>
<td>Fri</td>
<td>9:00AM–10:00AM</td>
<td>Richard Johnson</td>
<td>30</td>
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**Griswold Center**

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<th>Day</th>
<th>Time</th>
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<tr>
<td>Tue</td>
<td>10:15AM–11:00AM</td>
<td>Mary Ervin</td>
<td>30</td>
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<tr>
<td>Wed</td>
<td>3:30PM–4:30PM</td>
<td>Sandy Hull</td>
<td>30</td>
</tr>
<tr>
<td>Thu</td>
<td>10:15AM–11:00AM</td>
<td>Stacy Connelly</td>
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**SilverSneakers® Circuit**

Experience standing, low-impact choreography alternated with standing upper-body strength work. This class is suitable for nearly every fitness level, and your instructor can adapt the exercises depending on your skill.

**Griswold Center**

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<tbody>
<tr>
<td>Tue</td>
<td>9:15AM–10:00AM</td>
<td>Mary Ervin</td>
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**Silversneakers® Yoga**

Silversneakers® Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

**Community Center**

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<tbody>
<tr>
<td>Mon</td>
<td>12:15PM–1:00PM</td>
<td>Bev Tabb</td>
<td>25</td>
</tr>
<tr>
<td>Thu</td>
<td>12:15PM–1:00PM</td>
<td>Judy Hunter</td>
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**Griswold Center**

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<th>Instructor</th>
<th>Max.</th>
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<tbody>
<tr>
<td>Tue</td>
<td>12:15PM–1:00PM</td>
<td>Bev Tab</td>
<td>15</td>
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**SilverSneakers® Splash**

Lap Pool

In this fun, shallow-water exercise class you'll use a signature splash-board to increase strength and endurance. Splash is suitable for all skill levels and is safe for non-swimmers.

**Community Center**

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<th>Day</th>
<th>Time</th>
<th>Instructor</th>
<th>Max.</th>
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</thead>
<tbody>
<tr>
<td>Mon, Wed, Fri</td>
<td>10:00AM–10:45AM</td>
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<td>16</td>
</tr>
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</table>

**SilverSneakers® EnerChi**

Starting in October!

Silversneakers EnerChi will incorporate tai chi and qigong principles to improve physical and mental well-being. Silversneakers EnerChi introduces modified tai chi forms. Linking forms together in a guided flow increases strength and vitality. Participants will learn the foundations of weight transfer and rhythmic movement along with awareness and focused breathing.

**Community Center**

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<th>Day</th>
<th>Time</th>
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<th>Max.</th>
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<tbody>
<tr>
<td>Fri</td>
<td>1:00 PM–2:00 PM</td>
<td>Bev Tabb</td>
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<tr>
<td>Wed</td>
<td>2:00 PM–3:00 PM</td>
<td>Bev Tab</td>
<td>30</td>
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</table>

* Circuit, Classic, Yoga & Splash programs are offered only to members 65 and up of Silversneakers®.

**BOOM programs are offered to PRIME & Silversneakers® members ages 50 and up.

Visit www.TivityHealth.com for more information regarding the Tivity Silversneakers® Fitness program.
Fitness Room Hours

<table>
<thead>
<tr>
<th></th>
<th>Monday–Thursday</th>
<th>Monday–Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tr>
<td></td>
<td>8:00AM–NOON</td>
<td>4:30PM–6:30PM</td>
<td>8:00AM–2:00PM</td>
<td>8:00AM–11:00AM</td>
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Fitness Room Rates

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Non-Resident</th>
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</thead>
<tbody>
<tr>
<td>20 Visit Punch Card</td>
<td>$40</td>
<td>$52</td>
</tr>
<tr>
<td>SilverSneakers® and PRIME® members as well as Silver &amp; Fit® and Active &amp; Fit® receive free, unlimited use of the Griswold Fitness Room.</td>
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Fitness Assessment & Program Design

This program consists of two 1 hour sessions designed for those who might be a first time exerciser or for those who might need a jump start or change in their current workout. The first session will go over exercise history, goal setting, and exercise testing. The second session will include a walkthrough of a personalized program based on your first session results. Schedule an appointment with Jeff Fickell.

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<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Non-Resident</th>
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<tbody>
<tr>
<td>Fitness Assessment &amp; Program Design</td>
<td>$45</td>
<td>$59</td>
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</table>

Personal Training

One-on-one assistance will help you with your fitness goals and wellness needs. Correct techniques and postures for exercises will be demonstrated and explained, as well as an evaluation of your current exercise routine. Schedule an appointment with Jeff Fickell.

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Non-Resident</th>
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<tbody>
<tr>
<td>30 Minute Session</td>
<td>$14</td>
<td>$18</td>
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<tr>
<td>1 Hour Session</td>
<td>$24</td>
<td>$31</td>
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<tr>
<td>3 (1 hour) Sessions</td>
<td>$65</td>
<td>$85</td>
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Strength Class- PUNCH CARD CLASS

Town Hall

The convenient strength class punch card consists of your choice of a 10 punch or 15 punch card. Punch cards are good for a lifetime and when you run out of punches, simply renew for another punch card at the front desk. Use light, medium and heavy dumbbells to build muscle, increase strength and bone density, improve muscle and skin tone and improve self-confidence. The class includes stretching, proper breathing technique and lifting form... lots of fun. Instructor: Jeff Fickell on Mondays and Sandy Hull on Fridays.

Mon,Fri 10:15 AM-11:00 AM

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Non-Resident</th>
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<tbody>
<tr>
<td>10- Punch Card</td>
<td>$26.00</td>
<td>$34.00</td>
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<tr>
<td>15- Punch Card</td>
<td>$39.00</td>
<td>$51.00</td>
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Renew Active

Renew Active is a fitness program that’s designed for both body and mind. Renew Active members receive standard access at participating fitness locations at no additional cost,* as well as access to BrainHQ, which features online brain exercises to help keep your mind active.

Availability of the Renew Active™ program varies by plan/area. Renew Active is not a standard benefit available on all plans. Some plans require the purchase of an additional fitness rider.

Those who qualify will receive all the benefits of the Griswold membership and use of the Fitness Room.
**Balance & Flex**

*Town Hall*

The focus of this class is on joint flexibility, muscle strengthening, and balance techniques to decrease the risk of falling. We will help you become more aware of your posture and give you the ability to walk more freely and with greater confidence. No class November 29

**Instructor:** Sandy Hull

13649 Fri 11:15 AM-11:45 AM Oct 4-Dec 27

Resident: $21.00. Non-resident: $27.00

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**Circuit Training**

*Pinney Fitness Room*

Circuit training is an excellent way to simultaneously improve mobility, strength and stamina in a short period of time. Under the direction of an instructor, choose stations that alternate between different strength exercises. The exercises are separated by brief, timed rest intervals, and each circuit is separated by a longer rest period. Don’t miss the first session, as we will go over each exercise in detail, learning proper posture and technique as well as equipment adjustments. Great for any fitness level!

**Instructor:** Jeff Fickell

13648 Tue 12:15 PM-1:00 PM Oct 8-Dec 3

Resident: $35.00. Non-resident: $46.00

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**Strength and Core Workout**

*Topping Room*

This class will focus on a variety of upper and lower body strength exercises using strength tubing which adds variety to your workout. But just as important, this class will also focus on several fun exercises to strengthen and build up your core muscles. Many people think the core consists only of the abdominals, but the core also includes your pelvic muscles, mid and lower back muscles, and even your hip muscles. All of these muscles work together to support your spine and skull. There are many benefits to building up the core such as alleviating back pain, improving posture, better athletic performance, improved balance and safer everyday movement. All fitness levels welcomed. No class Nov. 1 and Nov. 29.

**Instructor:** Jeff Fickell

13666 Fri 9:15 AM-10:00 AM Oct 4-Dec 20

Resident: $39.00. Non-resident: $51.00

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**Delay the Disease**

*Town Hall*

Delay the Disease(TM) is an evidenced-based fitness program designed to empower people with Parkinson’s Disease (PD) by optimizing their physical function and helping to delay the progression of symptoms. Created by David Zid, BA, ACE, APG. Delay the Disease(TM) is the #1 PD exercise program and the foundation for this interactive class, geared specifically to counteract the situational movement challenges experienced by people living with PD. The class uses a specialized fitness agenda to treat specific symptoms of PD. You will have more confidence, be inspired and motivated to: Maintain independence, Decrease fall risk, Reduce rigidity, Minimize fatigue, Return arm swing and Improve gait and mobility. No class November 5.

**Instructor:** Lori Geisler

13651 Tue 11:15 AM-12:00 PM Oct 1-Nov 12

Resident: $25.00. Non-resident: $33.00

13711 Tue 11:15 AM-12:00 PM Nov 19-Dec 17

Resident: $21.00. Non-resident: $27.00

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**Feldenkrais Method**

*Topping Room*

Feldenkrais lessons may be done standing, sitting or lying down. They explore basic movements in great detail, in a gentle manner that evokes in adults the quick, spontaneous learning of young children. This 'reprograms' the brain for better posture and self-image, greater ease and pleasure in movement, and fuller relaxation in rest. Chronic tension, pain, anxiety, disability, and effects of aging are not confronted directly, but are simply left behind in a natural process of learning and improvement. Students are often surprised to find that the smallest and most gentle work produces the most profound changes. This method was developed by the late Israeli physicist Moshe Feldenkrais. Teachers and teacher trainings are certified by the Feldenkrais Guild. Please wear loose, comfortable clothing. No class October 15 and November 5.

**Instructor:** Melinda Murphy

13655 Tue 11:00 AM-11:45 AM Oct 1-Nov 19

Resident: $56.00. Non-resident: $73.00
Fearless Falling
Topping Room
NEW ADDITIONAL DAY AND TIME!! The fear of falling is one of our strongest phobias, and injuries from accidental falls have become epidemic, but little has been done to help people actually learn how to fall. There are basic movements you can learn at any age that will greatly reduce your chance of serious injury from a fall. Learning how to fall safely is the primary purpose of the Fearles Falling classes. Based on Tai-Chi Kung Fu, you will also learn how to move smoothly, avoid falls, improve your balance and awareness, and pick up some basic self-defense skills. Fearless Falling is open to all adults, but you should be physically able to get up from floor level by yourself.
Instructor: Mike Grigsby
13652 Mon 3:00 PM-4:00 PM Sep 30-Nov 25
Resident: $40.00. Non-resident: $52.00
13653 Wed 11:00 AM-12:00 PM Oct 2-Nov 20
Resident: $40.00. Non-resident: $52.00

Fearless Falling: Self Defense Tai Chi
Town Hall
Based on the principles and movements of Tai Chi Chuan, this course teaches both the mental and physical aspects of self-defense and protection. You do not have to become a martial arts expert to defend yourself. The average criminal is looking for an easy target, not a fair fight, and even a little awareness and resistance can discourage him. Tai Chi Kung Fu methods combine deception and whole-body power for very effective counter-attacks but the emphasis is always on self-protection. You will learn how to protect yourself effectively from blows and falls, but also how to move with more power, poise, and confidence. Black-belt instructor, Mike Grigsby, has been teaching kungfu and falling skills for over twenty-five years. No class November 11.
Instructor: Mike Grigsby
13654 Mon 4:00 PM-5:00 PM Sep 30-Nov 25
Resident: $40.00. Non-resident: $52.00

Tai Chi Beginners
Town Hall
Tai Chi is a group exercise program designed to provide people with a ‘joint friendly’ exercise alternative. The program uses Sun-style Tai Chi, which includes gentle movements and relaxed breathing. Participants learn 12 basic movements plus special warm-up, cool-down, and breathing exercises. With its emphasis on slow, flowing movements, Tai Chi can lead to improved balance and increased flexibility. No class November 28.
Instructor: Constance Kobalka
13669 Thu 9:00 AM-10:00 AM Oct 10-Dec 19
Resident: $40.00. Non-resident: $52.00

Tai Chi Advanced
Town Hall
Know the basic 12 moves of Tai Chi Beginners and ready to learn more? Deepen your knowledge of this style of tai chi, known for its smooth, flowing movements. Its gentle poses and high stances make it ideal to improve balance, posture, and flexibility. Other styles of tai chi to be introduced, time permitting. Talk to the instructor before signing up for this class. No class November 11.
Instructor: Constance Kobalka
13668 Mon 11:15 AM-12:15 PM Oct 7-Dec 16
Resident: $40.00. Non-resident: $52.00

Beginning Tap
Town Hall
Learn the basic steps of Tap Dancing! A fun class with lots of Jazzy Tap! No experience needed. Tap shoes required. A great aerobic activity using different muscles and learning combos. No class November 5.
Instructor: Mary Bova
13800 Tue 1:30 PM-2:15 PM Oct 8-Dec 17
Resident: $35.00. Non-resident: $46.00

Jazzy Tap with NY Flair!
Town Hall
A class of Jazz combined with tap, learning all aspects of tap. Great exercise, while having fun! For Intermediate/Advanced Tappers. Leader: Mary Ervin and Sandy Hull. No class November 5.
Instructor: Mary Bova
13661 Tue 12:15 PM-1:30 PM Oct 8-Dec 17
Resident: $35.00. Non-resident: $46.00
Grisswold Center | 777 High Street | Worthington, OH 43085 | 614-842-6320

## Yoga

### Chair Yoga

**Topping Room**

Join us for a healing and informative class. Ease (or eliminate) aches, pain and stiffness, with gentle movement. Experience more confidence as mobility and balance improve. Relieve stress through breath work. Dress comfortably. All are welcome. (Please note: this is not a Silver Sneakers Chair Yoga Class). Instructor: No class November 5 & 11.

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<tr>
<th>Code</th>
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<td>13650</td>
<td>Mon</td>
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<td>13710</td>
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### Hatha Yoga

**Topping Room**

This gentle class is good for beginners. You will relax and stretch and breathe. Bring a blanket and/or yoga mat and dress comfortably. No class November 29.

Instructor: Robbin Blackburn

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</table>

### Hatha Yoga

**Town Hall**

This is a program of gentle stretches and relaxation techniques designed to increase flexibility and strength, as well as reduce stress and tension. Dress comfortably, listen to your body and respect your own limits. Some AcuYoga, acupressure points, and reflexology may be incorporated. You should be comfortable standing up from a seated floor position. All levels and ages welcome. Pre-registration recommended. Drop-ins welcome, $12 drop-in fee.

Instructor: Janet Shumaker/Kathleen Lewis

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### Restorative Yoga

**Topping Room**

Restorative yoga is intended to take the mindfulness that is found in all disciplines of yoga to the next level. It’s still and slow, and it’s as much (or more) about the mind as it is the body. It is a slow moving class mostly done on the mat utilizing lots of props (blocks, bolsters and blankets). It is about consciously allowing the body to conserve and rebuild energy in a mindful way, using gravity in a pose as a means of opening up the body in a gentle way. Please bring a mat and a couple of towels or smaller blankets and any other blocks or straps you may have. No class November 5 & 11.

Instructor: Mel Neel

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### Yoga for every BODY

Yoga for every BODY
We are trying something new at the Griswold Center. Pop Ups may be classes, events or outings. They will be created based on new ideas and customer suggestions. Once scheduled, we will send out an e-mail letting you know of the new offering and we will post the information on the City of Worthington’s facebook page and designated POP UP board at the Griswold.

We will recognize your birthday on our slideshow display each month. Griswold Center members with a birthday on the designated month will be entered into a drawing with the chance to win a Griswold Gift Package and the winner will be announce the next month.

The honor of your presence is requested this Fall on Friday afternoons for recreation, socialization, and libation! Please join us for an hour or two, whatever fits your schedule for a fun get together featuring all of the above, plus a different activity each week. Light snacks will be provided for your enjoyment.
MASSAGE APPOINTMENTS

Thompson Room
Massage improves circulation and muscle tone, as well as soothes muscles. Appointments are taken between 12:30 p.m. and 5 p.m.. Cost: $30 for 25 minutes and $53 for 50 minute appointments (Includes Tax). Our licensed massage therapist is Linda Fontana. Make checks payable to the massage therapist. Please note: if you have a prescription for massage, no tax is charged and price will be reduced.

Mon  Call the Griswold for an appointment

ARMCHAIR TRAVEL

Thompson Room
Join us for exciting presentations by world Travelers. Photos projected on a large screen and travel tips will entertain and inform you. Share in discussions with experienced Travel buffs. Wonderful snacks provided by Mayfair Village. Please register in advance.

Egypt: Cruising up the Nile
By: Linda Gabel

13757  Wed  10:00 AM-11:30 AM  Oct 16
Free

Adenturing in the Azores
By: Ria Waugh

13796  Wed  10:00 AM-11:30 AM  Nov 20
Free

Sub-Artic Safari: In Search of Polar Bears
By: Dick Blurry

13797  Wed  10:00 AM-11:30 AM  Dec 18
Free

KEMPER COGNITIVE ASSESSMENTS

Case Room
Kemper House of Worthington will be on hand at the Griswold Center for 15 min cognitive assessments using the first FDA cleared computerized cognitive assessment tool called “Cognivue”. This assessment will measure the four areas of brain function (visual, motor skills, perception & memory) to understand the overall function and performance level of cognition. Participants will receive a personal report that they can choose to keep or share with their doctor. FREE!

October 15 Assessments
13671  Tue  10:30 AM-10:45 AM
13672  Tue  10:45 AM-11:00 AM
13673  Tue  11:00 AM-11:15 AM
13674  Tue  11:15 AM-11:30 AM
13675  Tue  11:30 AM-11:45 AM
13676  Tue  11:45 AM-12:00 PM
13677  Tue  12:00 PM-12:15 PM
13678  Tue  12:15 PM-12:30 PM

November 19 Assessments
13680  Tue  10:30 AM-11:15 AM
13681  Tue  10:45 AM-11:00 AM
13682  Tue  11:00 AM-11:15 AM
13683  Tue  11:15 AM-11:30 AM
13684  Tue  11:30 AM-11:45 AM
13685  Tue  11:45 AM-12:00 PM
13686  Tue  12:00 PM-12:15 PM
13687  Tue  12:15 PM-12:30 PM

December 17 Assessments
13735  Tue  10:30 AM-10:45 AM
13736  Tue  10:45 AM-11:00 AM
13737  Tue  11:00 AM-11:15 AM
13738  Tue  11:15 AM-11:30 AM
13739  Tue  11:30 AM-11:45 AM
13740  Tue  11:45 AM-12:00 PM
13741  Tue  12:00 PM-12:15 PM
13742  Tue  12:15 PM-12:30 PM
**TECH HELP WITH TEENS**

Buttles Conference Room
Do you look at your phone, laptop, tablet or ipod and feel lost? Wish you could have a one on one with someone that can help you with even the simplest of tasks? The Griswold Center and the Worthington Libraries are partnering to bring you this opportunity to get some help from the next generation. Students from CAHS Internship eXperience will be at the Griswold Center to answer your questions and help you feel more confident on your smart device or gadget. Please include the question(s) you have and the tech device you are using when you register.

**October Tech Help**

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**November Tech Help**

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**December Tech Help**

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<tr>
<td>13723</td>
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**UFO (Unfinished Objects)**

Case Room
UFOs are unfinished objects for a reason. People usually need some kind of help or motivation to get going again. One thing that is surprising about these classes is how much everyone learns from other people’s UFOs. You don’t just get going on your own project, you also see, hear and experience how problems are solved on other pieces. Have some craft or sewing project that you are stuck on? This class is for you. Linda Crannell has a wide knowledge of sewing and crafts and enjoys solving problems. Bring a sandwich. Drinks and dessert provided.

Instructor: Linda Crannell

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<td>13807</td>
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<td>Dec 11</td>
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**LUNCH & LEARN**

Town Hall
Each month, join us at the Griswold Center for a complimentary lunch and presentation.

**October Lunch & Learn**
Getting Ready for Winter presented by Loretta Sweeney, OSU Extension. Lunch provided by Smith’s Mill Health Campus.

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<tr>
<td>13688</td>
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FREE

**November Lunch & Learn**
Downsizing and Organizing, presented by Chris Szabo, Keller Williams. Lunch provided by First and Main Lewis Center.

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<tr>
<th>Date</th>
<th>Time</th>
<th>Nov 20</th>
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<tr>
<td>13689</td>
<td>Wed 12:30 PM-2:00 PM</td>
<td>Nov 20</td>
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FREE

There will be no December Lunch & Learn. Happy Holidays and we’ll see you next year!
Senior Sewing Club
Case Room
The Stitching Sisters started in Columbus, Ohio in 2005, under the direction of Joanne Lester. Lester, then a nurse practitioner at the Breast Center at Ohio State University Wexner Medical Center, saw the chemo infusion center as drafty and in desperate need of some perking up. The group’s goal was to provide quilts for every breast cancer patient being treated at the center, but eventually the program grew to include donations to ovarian and lung cancer patients as well. Volunteer your sewing talents to help make quilts for this important charity. Previous sewing and or quilting experience preferred. Supplies and patterns included.

Instructor:Linda Crannell
13725 Wed 2:00 PM-4:00 PM Oct 2-Dec 25
FREE

Pinterest Craft Club
Topping Room
There will be a new project from the popular Pinterest website. No experience with Pinterest is necessary. All projects will be completed the same day. Materials will be provided. Sponsored by Wesley Glen.
Instructor:Africa Thomas, Wesley Glen
13786 Fri 2:00 PM-4:00 PM Oct 18
FREE

Zentangle Holiday, Beyond the Basics
Case Room
The holiday season is upon us so it’s time to decorate with tangles. This set of three classes will teach you to make small paper ornaments to display on a tree. We will use unique shapes and gold and white pens on black paper. All supplies are provided. Prior Zentangle experience is a prerequisite for this class.
Instructor:Linda Zimmerman
13820 Thu 1:00 PM-3:00 PM Nov 7-Nov 28
Resident: $30.00. Non-resident: $39.00

Dying a Silk Scarf
Case Room
Create your own beautiful scarves using dye and a microwave all in one day in this 2 hour class. All supplies are included and you will walk away with two hand-made silk scarves ready to wear!
Instructor:Linda Crannell
13871 Tue 2:00 PM-4:00 PM Nov 19
Resident: $20.00. Non-resident: $26.00

Fall Zentangle, Beyond the Basics
Case Room
Decorating small pumpkins with new tangles is the inspiration of this set of four classes. Learn new tangles and combine them with the ones learned before. All supplies are included in the fee, just bring your imagination. Zentangle experience is a prerequisite for this class.
Instructor: Linda Zimmerman
13819 Thu 1:00 PM-3:30 PM Oct 3-Oct 24
Resident: $30.00. Non-resident: $39.00

Holiday Gift and Decorating with Origami
Case Room
Origami, the paper-folding art is more than a craft. It has great educational, recreational, intellectual, mathematical, physical and artistic values. This class will focus more on the holidays and gift giving. Supplies provided.
Instructor: Yasue Sakaoka
13875 Thu 1:00 PM-3:00 PM Dec 5
FREE

Project Linus
Case Room
Decide what kind of blanket you would like to work on; crocheted, knitted, fleece and quilted are all accepted types of blankets by Project Linus. Come and share your knowledge or learn a new skill while helping people who need it most. *Please note there will be no class on Oct 28 and Nov 11*
Instructor: Mary Kay Scott
13787 Mon 1:00 PM-3:00 PM Oct 7-Dec 2
FREE
Transportation Policy
Transportation is available for all Griswold Trips and certain activities. All Griswold Trips will depart from the Griswold Center at the time listed in the brochure. Transportation to the Griswold Center is available for all Worthington residents, including Melbourne, Stafford and The Residences of Worthington, upon request. Pick-ups for those needing transportation to the Griswold Center will begin 30 minutes before the departure time listed.

**DINNER WITH FRIENDS**

**Dinner With Friends, Bravo Tuscan Grille**
Enjoy an authentic Italian menu like oven fresh pizza, fresh-made pasta, and sumptuous house specialties grilled to absolute perfection.
Instructor: Sherry Berry
13812 Wed 4:30 PM-8:00 PM Oct 9
Resident: $11.00. Non-resident: $14.00
13814 Wed 4:30 PM-8:00 PM Oct 23
Resident: $11.00. Non-resident: $14.00

**Dinner With Friends, McCormick & Schmicks**
This restaurant features seasonal seafood, tender steaks and signature oysters. The menu is printed twice daily. The signature “Fresh List” highlights an impressive number of fresh seafood varieties, in addition to aged steaks, poultry, entree salads and pasta. A seasonal menu is also available to choose from. Program price includes transportation.
Instructor: Sherry Berry
13809 Tue 4:30 PM-8:00 PM Nov 5
Resident: $11.00. Non-resident: $14.00
13808 Wed 4:30 PM-8:00 PM Nov 20
Resident: $11.00. Non-resident: $14.00

**Dinner With Friends, The Refectory**
The Refectory's relaxed and quiet pace lends itself to an evening of enjoyable dining. We'll dine in the Bistro experiencing some of the best dining in central Ohio.
Instructor: Sherry Berry
13816 Tue 4:30 PM-8:00 PM Dec 17
Resident: $8 Non-resident: $10.00

**ACORN ADVENTURES**

**Acorn Adventures, The Wilderness Center**
Fall is the perfect time for a hike in Amish country and the Wilderness Center is the perfect place to visit and enjoy a guided tour. The season brings colorful bursts of fall foliage, and cool crisp air to the region. A perfect atmosphere in which to celebrate Amish culture. After building up an appetite on our hike, we'll head to lunch, at the Amish Door, on your own. Program price includes tour and transportation.
Instructor: Sherry Berry
13754 Wed 9:00 AM-5:00 PM Oct 16
Resident: $18.00. Non-resident: $23.00

**Acorn Adventures, Cedar Bog**
Cedar Bog is a National Natural Landmark and State Nature Preserve. Cedar Bog is the largest and best example of a boreal and prairie fen complex in Ohio. Once over 7,000 acres in size, today only 427 acres of this irreplaceable habitat remain, little changed since mastodons roamed this area over 10,000 years ago. We'll head to lunch afterwards, on your own. Program price includes admission to Cedar Bog and transportation.
Instructor: Sherry Berry
13755 Wed 10:00 AM-4:00 PM Nov 6
Resident: $17.00. Non-resident: $22.00

**Acorn Adventures, Highbanks Metro Park**
Early winter is a great time for a hike in Highbanks Metro park. Highbanks is home to 1200 acres of woods, fields and wetlands as well as 2 Adena Indian mounds and a pair of bald eagles that nest near the Overlook trail. You never know what we'll discover along the way. After working up an appetite, we'll enjoy lunch, on your own, at a local restaurant. Program price includes transportation.
Instructor: Sherry Berry
13756 Fri 10:30 AM-3:00 PM Dec 6
Resident: $9.00. Non-resident: $12.00

**MYSTERY LUNCH**
Each month we visit a different restaurant... the catch, you don't know where we're going! Always something good and always a good time.
13764 Tue 11:00 AM-1:30 PM Oct 15
Resident: $6.00. Non-resident: $8.00
13824 Tue 11:00 AM-1:30 PM Nov 12
Resident: $6.00. Non-resident: $8.00
13825 Tue 11:00 AM-1:30 PM Dec 10
Resident: $6.00. Non-resident: $8.00

Griswold Center | 777 High Street | Worthington, OH 43085 | 614-842-6320
**OCTOBER DAY TRIPS**

**Griswold Center**

**Cracker Barrel & Tanger Outlets**
Visit Cracker Barrel for an early lunch and some must have items from their country store, on your own. Visit Tanger Outlets and receive a complimentary coupon book. You will find designer clothing, accessories for you and for the home, and best of all - chocolate! Program price includes transportation.

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<tr>
<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 8</th>
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<tbody>
<tr>
<td>13727</td>
<td>Tue</td>
<td>10:30 AM-4:00 PM</td>
<td>Oct 8</td>
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</table>
Resident: $9.00. Nonresident: $12.00

**Logan County History Center, Bellefontaine**
Enjoy an early lunch at Six Hundred Downtown, on your own. Six Hundred Downtown is an old fashioned pizzeria. They hand spin their pizzas and bake in an old fashioned brick oven. Owned and operated by 5 time World Pizza Champion Brittany Saxton. Brittany has also competed on the Food Network show Guys Grocery Games. Part of the Logan County History is housed in the Orr Mansion, built in the earliest years of the 20th century in Neo-Classical style for a local lumber baron. Exhibits detailing the lifestyle of an upper-middle-class family of the era are in the house. Elsewhere in the museum are exhibits dedicated to early Native American tribes, military veterans, Indian Lake Amusement Park and many more. Admission is on your own, $2 suggested donation. Last stop is Dairy Queen! Program price includes transportation.

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<tr>
<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 10</th>
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<tbody>
<tr>
<td>13728</td>
<td>Thu</td>
<td>10:00 AM-4:30 PM</td>
<td>Oct 10</td>
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Resident: $10.00. Non-resident: $13.00

**Aldi**
Visit Aldi, a discount grocery chain started in Germany in the 1940’s and popular in Europe and now the United States.

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<th>Date</th>
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<th>October 11</th>
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<tr>
<td>13752</td>
<td>Fri</td>
<td>9:45 AM-NOON</td>
<td>Oct 11</td>
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</table>
Resident: $3.00. Non-resident: $4.00

**Lebanon Fall Flyer and Waynesville Sauerkraut Festival**
Enjoy some time on your own in downtown Lebanon exploring the shops or getting a bite to eat before we board the Lebanon Monroe Railroad to Hageman Junction. Autumn is the best time for a train ride and we’ll hope to see some of Warren County’s warm fall colors! Our restored 1920’s passenger cars feature large open windows and are hauled behind a historic diesel locomotive. (Due to the train’s historic equipment it is not handicapped accessible). Our last stop will be the Sauerkraut Festival which will be full of charm, fabulous shopping and fantastic food. More than 460 craft and 60 food vendors from over 25 states will be set up in downtown Waynesville where over 7 tons of sauerkraut will be served in different shapes and sizes! Join us for this fun, fall day! Program price includes train ride and transportation.

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<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 12</th>
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<tbody>
<tr>
<td>13729</td>
<td>Sat</td>
<td>10:00 AM-7:00 PM</td>
<td>Oct 12</td>
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</table>
Resident: $36.00. Non-resident: $46.00

**Michelangelo: Mind of the Master, Cleveland Museum of Art**
The name of the Italian Renaissance painter, sculptor, and architect Michelangelo Buonarroti is synonymous with creative genius and virtuosity. This exhibition presents an unprecedented opportunity for museum visitors to experience the brilliance of Michelangelo’s achievements on an intimate scale through more than two dozen original drawings. This is the first time a group of drawings by Michelangelo will visit the US from the Teylers Museum in the Netherlands, along with drawings from Cleveland Museum of Art and the J. Paul Getty Museum. Also see the Master/Apprentice: Imitation and Inspiration in the Renaissance as it surveys the impact of Michelangelo - his practice, his projects, and his biography - on artists working in the Renaissance and beyond. Take time to see the Tiffany’ In Bloom, featuring over 20 of the designer’s finest stained glass table and floor lamps. Lunch will be at the museum, on your own. Timed ticket to see Michelangelo: Mind of the Master and transportation is included in the price.

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<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 22</th>
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<tbody>
<tr>
<td>13730</td>
<td>Tue</td>
<td>8:15 AM-5:30 PM</td>
<td>Oct 22</td>
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</table>
Resident: $36.00. Non-resident: $47.00

**The Great Westerville Pumpkin Glow**
Visit Heritage Park in Westerville, which houses the historic Everal Barn as it is transformed into a fall wonderland featuring a quarter mile wooded trail aglow with friendly carved pumpkins. TORK Collaborative Arts, a team of versatile trained artists that have create unique sculptural installations, and the City of Westerville are teaming up to present this unique display. We will have dinner before the exhibit at 101 Beer Kitchen. Program price includes admission and transportation.

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<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 24</th>
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<tbody>
<tr>
<td>13731</td>
<td>Thu</td>
<td>4:30 PM-8:00 PM</td>
<td>Oct 24</td>
</tr>
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</table>
Resident: $15.00. Non-resident: $20.00

**BalletMet, be MOVED Dress Rehearsal**
The dress rehearsal for be MOVED will take place in the Davidson Theatre in the Riffe Center. be MOVED features 3 different ballets in 1 show, by 3 of the top choreographers in the world, and live music. Lunch will follow, on your own, at MCL Cafeteria. Program price includes tickets and transportation.

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<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 25</th>
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<tbody>
<tr>
<td>13732</td>
<td>Fri</td>
<td>10:00 AM-3:30 PM</td>
<td>Oct 25</td>
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</table>
Resident: $28.00. Non-resident: $36.00

**The Wilds**
The Wilds is one of the largest and most innovative conservation centers in the world! Our extraordinary adventure includes encountering rhinos, cheetahs, giraffes and other rare and endangered species living in this natural, open range habitat. An interpretive guide will hop on our bus to help us learn more about the animals and the important conservation work going on here. One advantage to visiting during the off season is possible getting a glimpse of some newborn baby animals. The Dhole puppies will have just made their public debut and The Wilds is one of the few places in North America that have them to share. On the way home we’ll stop for dinner at Cracker Barrel in Zanesville, on your own. Program price includes tour and transportation.

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<th>Date</th>
<th>Start Time</th>
<th>End Time</th>
<th>October 27</th>
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<tbody>
<tr>
<td>13733</td>
<td>Sun</td>
<td>11:30 AM-7:30 PM</td>
<td>Oct 27</td>
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</table>
Resident: $26.00. Non-resident: $33.00
Elf The Musical LaComedia, Springfield

Please use the October Registration Form! Enjoy a delicious buffet lunch and then prepare to be entertained by this hilarious fish-out-of-water-comedy. It tells the story of Buddy, a young orphan, who mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to discover his true identity. Faced with the harsh realities that his father is on the naughty list and his half-brother doesn’t even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas. Program price includes buffet lunch, show and transportation. Gratuity is not included.

13746 Fri 8:45 AM-4:00 PM Nov 15
Resident: $46.00. Non-resident: $60.00

LaBoheme at the Schuster Center in Dayton

Love blossoms amid the revels and hardships of a group of young Bohemians renting a Parisian garret. Come prepared to laugh, cry and whet your appetite for all the festive activity at Cafe Momus. You'll leave knowing why La Boheme remains Puccini’s most popular work and ranks in the world’s top three opera favorites! Seats are in the front Loge. After the show we’ll have dinner across the street at UNO Chicage Grill, on your own. Program price includes ticket and transportation.

13744 Sun 1:00 PM-9:00 PM Nov 17
Resident: $50.00. Non-resident: $65.00

Honda Plant Tour

Tour the Marysville Auto Plant, which produces the Honda Accord, the Acura TLS and the Acura ILX, and employs more than 4,000 workers. The tour begins at the Honda Heritage Center, which features some of the company’s earliest cars, plus vehicles of the future. *Approximate duration of the entire visit will be 2.5 hours. The auto plant tour portion is physically demanding as it is fast-paced, one hour walking tour that may some include stairs.* Lunch is on your own at Leon's Garage located in Marysville. Leon's Garage is a nostalgia-filled garage of the classic 30's - 50's automotive service centers. Program price includes transportation.

13763 Tue 9:00 AM-3:00 PM Nov 19
Resident: $10.00. Non-resident: $13.00

Der Dutchman, Yutzy's Farm Market, Plain City

Enjoy the simple home cooked fare at Der Dutchman, on your own. Time is allowed to visit the gift shop and bakery. We will make a stop at The Cheese House to stock up on whatever you might “need”. Program price is for transportation.

13748 Tue 11:00 AM-3:30 PM Nov 26
Resident: $7.00. Non-resident: $9.00

Holiday Preview at Warther Museum and Reeves Victorian Home & Carriage House Museum

Each year the Warther Museum and Gardens hosts the 26th Christmas Tree Festival that benefits the local Cleveland Clinic. Over 100 Pre-decorated trees, wreaths and home décor fill the museum with an unrivaled holiday spectacle. The beautifully decorated trees are set amid Warther's famous train carvings, handmade of ebony, ivory and walnut. The Reeves Victorian Home and Carriage House Museum decorates all 17 rooms for the holidays. Enjoy an Amish style buffet meat at the mansion. Program price includes museum admissions and lunch.

13745 Thu 8:00 AM-5:30 PM Nov 21
Resident: $64.00. Non-resident: $83.00
**The Showstoppers Christmas Follies, Evans Center, Grove City**
Enjoy brunch at Lilly’s in Grove City, on your own, and visit the Grove City Evans Center to enjoy this year’s Holiday performance. It will be a collection of funny skits and musical presentations. Get ready for a knee slapping, toe tapping, Christmas feel good presentation. Admission is a canned food item for their food pantry. Program price includes transportation.

13749 Thu 10:30 AM-3:30 PM Dec 5
Resident: $9.00. Non-resident: $12.00

**Tri-State Warbird Museum and Jungle Jim’s International Mark**
A great way to remember and honor Pearl Harbor Day is to tour this historic 22,000 square foot, state of the art facility that many call a “hidden gem” in Batavia. The museum is dedicated to preserving, restoring and operating WWII military aircrafts and to contribute to the education and awareness of the important role the American people and Warbirds played in WWII. We'll get a unique up close and personal opportunity to learn about aviation history as well as to appreciate the commitment and sacrifice given by our Veterans. After our tour we’ll head to Jungle Jim’s International Market in Eastgate. Enjoy lunch on your own in the market or at one of the attached cafes. They have tens of thousands of items from around the world with thousands from our own back yard. This may be a great time to find a unique gift or food item for the holiday season! Program price includes tour and transportation.

13750 Sat 9:00 AM-5:30 PM Dec 7
Resident: $25.00. Non-resident: $32.00

**Schmidt’s & Golden Hobby Shop**
Enjoy a German meal, on your own, at Schmidt’s, where the air is rich with the smells of the restaurant’s famous brats and cream puffs. Local seniors sell their crafts in the Golden Hobby Shop, located in a beautiful old Columbus school building. Across the street is the Book Loft. 32 rooms filled to the ceilings with books at discount prices.

13753 Thu 11:00 AM-3:00 PM Dec 12
Resident: $7.00. Non-resident: $9.00

**Dayton Art Institute, Maker & Muse: Women and Early 20th-Century**
This exhibit showcases the world of art jewelry at the turn of the twentieth century, featuring the Art Nouveau styles of France, Germany and Austria, and the Arts and Crafts movement in Britain and America, including works from the Louis Comfort Tiffany Studios, New York. The exhibition will feature more than 240 extraordinary examples of jewelry, looking specifically at the important roles women play in the creation and wearing of art jewelry, as both maker and muse. This is the exclusive Ohio venue for this exhibition. Lunch at the museum, choice of sandwich or salad, chips and water. Choose at registration. Gluten free options available. Program price includes admission, lunch and transportation.

13821 Fri 9:30 AM-4:30 PM Dec 13
Resident: $38.00. Non-resident: $49.00

**Holiday Spectacular with the New Albany Symphony**
Celebrate the holidays in New Albany, featuring local guest artists from Opera Columbus and the heartwarming songs and traditions that make this the “Most Wonderful Time of the Year” We’ll enjoy dinner together afterward at 101 Beer Kitchen in Gahanna, on your own, where they provide seasonal, handcrafted food and beverages with an uncomplicated and comfortable style! Program price includes ticket and transportation.

13751 Sun 2:00 PM-7:30 PM Dec 22
Resident: $29.00. Non-resident: $37.00

**Jersey Boys**
*You must register by Nov 14 for ticket purchase.* They were just four guys from Jersey, until they sang their very first note. They had a sound nobody had ever heard? and the radio just couldn?t get enough of. But while their harmonies were perfect on stage, off stage it was a very different story -- a story that has made them an international sensation all over again. Presented by CAPA in the Palace Theatre. Winner of Best Musical with a Tony Award & a Grammy. Enjoy dinner on your own, at Piada Italian Street Food in Upper Arlington. Program price includes show ticket and transportation.

Instructor: Judy Hunter

13818 Sat 5:30 PM-10:30 PM Jan 11
Resident: $96.00. Non-resident: $121.00

**Nunsense, LaComedia, Springfield**
Please use the December Registration Form! Enjoy a delicious buffet lunch followed by this hilarious over-the-top musical comedy featuring five valiant nuns belting, twirling and tap dancing their way to fund-raising enough money to properly bury 52 recently departed sisters. Sister Julia, the convent cook, inadvertently poisoned the Little Sisters of Hoboken after serving them vichyssoise. The surviving nuns: ballet-loving Sister Leo, street-wise Sister Robert Anne, befuddled Sister Mary Amnesia, the Mother Sister Regina, and mistress of the novices Sister Mary Hubert must stage a talent show in the school gymnasium to raise the money! Get in the habit of laughing, because Nunsense will restore your faith in the power of comedy! Program price includes buffet lunch, show and transportation. Gratuity is not included.

13747 Thu 8:45 AM-4:45 PM Jan 30
Resident: $46.00. Non-resident: $60.00
Soup
Town Hall
Enjoy a delicious bowl of made from scratch soup, fresh from the Griswold Kitchen. The meal includes bread and something sweet. Check the bulletin board for the monthly menu. Program price of $5 per person is good until the Thursday before each soup day and $6 per person on the day of the event.
Chef: Mary Kay Scott

November
13792 Fri 12:00 PM-1:00 PM Nov 1
FEE: $5.00
13793 Fri 12:00 PM-1:00 PM Nov 8
FEE: $5.00
13794 Fri 12:00 PM-1:00 PM Nov 15
FEE: $5.00
13795 Fri 12:00 PM-1:00 PM Nov 22
FEE: $5.00

December
13790 Fri 12:00 PM-1:00 PM Dec 6
FEE: $5.00
13791 Fri 12:00 PM-1:00 PM Dec 20
FEE: $5.00

Shopping
Each week the Griswold Bus will transport you to a different location for your shopping needs. Once per quarter we will go to Polaris Mall. Please register ahead of time for this program.
FREE

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<th>Date</th>
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<th>Location</th>
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<tbody>
<tr>
<td>13833</td>
<td>Oct 7 9:45 AM-1:00 PM</td>
<td>Shopping-Kroger</td>
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<tr>
<td>13835</td>
<td>Oct 14 9:45 AM-12:30 PM</td>
<td>Shopping-Meijer/Trader Joe's</td>
</tr>
<tr>
<td>13837</td>
<td>Oct 21 9:45 AM-12:30 PM</td>
<td>Shopping-Walmart</td>
</tr>
<tr>
<td>13834</td>
<td>Oct 28 9:45 AM-12:30 PM</td>
<td>Shopping-Kroger</td>
</tr>
<tr>
<td>13839</td>
<td>Nov 4 9:45 AM-12:30 PM</td>
<td>Shopping-Meijer/Trader Joe's</td>
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<tr>
<td>13840</td>
<td>Nov 13 9:45 AM-12:30 PM</td>
<td>Shopping-Walmart</td>
</tr>
<tr>
<td>13841</td>
<td>Nov 18 9:45 AM-12:00 PM</td>
<td>Shopping-Kroger</td>
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<td>13842</td>
<td>Nov 25 9:45 AM-12:00 PM</td>
<td>Shopping-Meijer/Trader Joe's</td>
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<tr>
<td>13844</td>
<td>Dec 2 9:45 AM-2:00 PM</td>
<td>Shopping-Polaris Mall</td>
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<tr>
<td>13845</td>
<td>Dec 9 9:45 AM-12:30 PM</td>
<td>Shopping-Kroger</td>
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<td>13846</td>
<td>Dec 16 9:45 AM-12:30 PM</td>
<td>Shopping-Meijer/Trader Joe's</td>
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<td>13847</td>
<td>Dec 23 9:45 AM-12:30 PM</td>
<td>Shopping-Walmart</td>
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<tr>
<td>13848</td>
<td>Dec 30 9:45 AM-12:30 PM</td>
<td>Shopping-Kroger</td>
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</table>
BOOK YOUR NEXT PARTY AT THE GRISWOLD CENTER!

General Rental Policies
Permit holder must be present during the time of rental. Groups will not be allowed in their room/gym until the starting time on their permit and must check in with the front desk or building supervisor to get their room unlocked. We are also enforcing the policy on multiple bookings not being refundable.

Please be aware that no alcohol is allowed on the premises of any of our rental sites.

Groups are responsible for providing their own supplies, decorations, table coverings, food, etc.

Groups are responsible for all setup and cleanup, and time for this must be included in the time of the rental.

Application Process
The individual reserving the facility must be present during the entire permitted time. Reservations are made in person at the Griswold Center between the hours of 8 a.m. and 5 p.m. and full payment is due at the time of reservation.
Alzheimer’s Association Support Groups

Thompson Room
A support group for early stage individuals diagnosed with dementia under the age of 65 years, and their caregivers/family members. The group members meet together for a light dinner and conversation and then the group separates. The caregivers meet with a leader to discuss their issues, and those with dementia meet with a staff member to talk about their situations and participate in activities. Interested individuals must call the Alzheimer’s Association at (614)457-6003 for meeting times and dates (pre-screening is required to attend).

Please call Alzheimers Association for dates and times.

Low Vision Support Group

Topping Room
These educational and support meetings are sponsored by Syntero/Northwest Counseling Services/Dublin Counseling Center. Anyone struggling with low vision or serious vision decline is welcome to attend. For more information, please call Maxine Gilgoff at 614-301-0784. Transportation is available for City of Worthington residents by contacting the Griswold Center at 614-842-6320. Refreshments are provided by PR Life Management. Leader: Maxine Gilgoff, LISW-S, Syntero.

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<th>Date</th>
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<tbody>
<tr>
<td>Oct 14</td>
<td>2:00-3:30pm</td>
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<tr>
<td>Nov: No Meeting</td>
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<tr>
<td>Dec 9 off site</td>
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Parkinson’s Support Group

Tuller Lounge
For patients and caregivers of those with Parkinson’s Disease, this informal group will gather to share information and support each other. Please call Susan Hervey with questions at (614) 372-5360.

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<th>Date</th>
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<tbody>
<tr>
<td>Oct 14</td>
<td>1:00 PM-2:30 PM</td>
</tr>
<tr>
<td>Nov 11 off site: Griswold Closed</td>
<td></td>
</tr>
<tr>
<td>Dec 9 off site</td>
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Stroke Support Group

Tuller Lounge
This program offers socialization, education, support and information about community resources. Sponsored by OSU Medical Center. Leader: Dr. Wanda McEntyre

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<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Fri</td>
<td>12:00pm-1:00pm</td>
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Worthington Widowhood Support Group

Tuller Lounge
Sponsored by Syntero/Northwest Counseling Services/Dublin Counseling Center, this is a monthly support group for men and women widowed five years or less or for anyone still struggling with post-widowhood issues. This group offers a variety of topics for discussion and includes information about community resources and health topics. Please register at least one day in advance by calling 457-7876 ext 422. Leader: Victoria Larsen, MSW, LSW

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<th>Time</th>
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<tbody>
<tr>
<td>Thu</td>
<td>2:00pm-3:30pm</td>
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<tr>
<td>Oct 17:Open Discussion</td>
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<tr>
<td>Nov: NO MEETING</td>
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<tr>
<td>Dec 12: Holiday Lunch</td>
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YOU’RE NOT ALONE!
You always have a friend at the Griswold Center.
Special Events

**Game Night Kick Off**

**Thompson Room**

Tuesday is not game Night at the Griswold! To kick this off we will be having a Pizza party. Come and play your favorite card game or board game. You are welcome to bring your own game to share. Food at 5:30 pm. Game playing starts at 6:00 pm. Registration required.

**Instructor:** Linda Crannell

13761 Tue 5:30 PM-8:00 PM Oct 1

**FREE**

**Show & Tell: Bring an Object, Share it’s Story**

**Thompson Room**

Do you have a family heirloom or special keepsake that has an interesting story? Join the Worthington Historical Society for this sharing event, where participants will each have a short time to tell about an item that has a memory or story associated with it. The program will also include some tips for preserving and storing your personal collections at home. To share you must be registered and will be limited to the first 20 people.

**Instructor:** Mary Kay Scott

13708 Wed 9:30 AM-11:00 AM Oct 2

**FREE**

**Pumpkin Madness**

**Town Hall**

We are having a Pumpkin Madness celebration. *PRIZES AWARDED TO ALL IN COSTUME* Enjoy pumpkin soup, donuts, cider and more from the Griswold Kitchen. Prepare to be amazed!

13798 Fri 12:30 PM-2:00 PM Oct 18

**Resident: $6.00. Non-resident: $8.00**

**Golf Banquet**

Those who golfed in our Thursday social league along with guests, are welcome to sign-up for our end-of-year banquet. The banquet will be held at Dublin Retirement Village located at 6470 Post Rd., Dublin, Oh 43016. Lunch will consist of Meat Loaf, Mashed Potatoes & Gravy, Vegetable, Rolls & Butter, Brownie and Beverage(Ice water, coffee and decaf). Guest Speaker TBA. Golf prizes will be raffled off as well (only golf participants will be eligible for prizes). Please register.

13822 Wed 12:00 PM-2:00 PM Oct 23

**Resident: $12.00. Non-resident: $16.00**

**Into the Spotlight: Treasures & Curiosities from our Collection**

**Town Hall**

For this year’s meeting, the Worthington Historical Society will bring items from the museum collections; unique, odd, rare, unusual. From the first book published in Ohio to a woman’s bust enhancer, to items essential to life of a pioneer now foreign to us in the modern day, this interactive program hosted by curator Sue Whitaker will bring together something for every interest. Items will be on display before and after the program for up close viewing, and during the presentation there will be several hands-on opportunities.

13714 Wed 7:00 PM-9:00 PM Nov 13

**FREE**

**Thanksgiving Luncheon, Veterans Day Gratitude**

**Town Hall**

Join your Griswold family for a delightful afternoon featuring turkey, stuffing, mashed potatoes, gravy, green beans, rolls, & pumpkin pie prepared by Bosc & Brie. Enjoy a program by the Worthington Historical Society. Over 1300 veterans are buried at Walnut Grove Cemetery which was established in 1859. Veterans buried in Walnut Grove served our country from the War of 1812 through the Persian Gulf War. Take a virtual tour of Worthington’s largest cemetery and hear stories of some of those Worthington veterans. We give thanks to our veterans.

13801 Wed 12:30 PM-2:30 PM Nov 13

**Resident: $12.00. Non-resident: $16.00**

**Show & Tell Bring: A Holiday Memento, Share Its Story**

**Thompson Room**

Do you have a favorite Christmas ornament or special keepsake that you bring out during the holiday season that has an interesting story? Join the Worthington Historical Society for this holiday themed sharing event, where participants will each have a short time to tell about an item that has a memory or story associated with it. The program will also include some tips for preserving and storing your personal collections at home. To share you must be registered and will be limited to the first 20 people.

13709 Wed 9:30 AM-11:00 AM Dec 4

**FREE**

**Holiday Luncheon with Museaic**

**Town Hall**

Celebrate the sounds of the season with your Griswold family. Dine on Roasted Pork Loin, Medley of Seasonal Vegetables, Parslied Redskins, salad, roll & butter and Chocolate Mousse Parfait from for dessert, from Bosc & Brie. Enjoy the melodious holiday sounds of Museaic, a flute and acoustic guitar instrumental duet. Program price includes meal and entertainment.

13799 Wed 12:30 PM-2:30 PM Dec 4

**Resident: $12.00. Non-resident: $16.00**

**Griswold Holiday Party**

**Town Hall**

Come one, come all, to the famous Griswold Holiday Party, our annual gathering of talent and fellowship. Special guest performance by the Kidsstuff Superstars (the Worthington Community Center Preschool Class). Enjoy performances by Griswold’s own pool of talent; Griswold Dancers and the Worthington Tappers. Participate or listen to a carol sing-along and enjoy some holiday cookies.

13788 Wed 1:30 PM-3:00 PM Dec 18

**FREE**
**HOLIDAY SPECIAL EVENTS**

**SANTA’S MAILBOX**

**November 27–December 17**

Santa will once again be stopping in Worthington to pick up his mail. The mailbox will be located at the North entrance of the Griswold Center, 777 High Street. Be sure to print your return address so Santa can write back to you! It’s free!

**TREE ILLUMINATION & HOLIDAY OPEN HOUSE**

**Sunday, December 1**

**HOLIDAY OPEN HOUSE: 12:00PM–5:00PM**

Downtown Worthington

Historic Old Worthington will host its annual Holiday Open House on Sunday, December 1. Bring the family to enjoy the sights and sounds of the holiday season, including horse-drawn carriage rides, live music and a visit from Santa. Local retailers will be offering special promotions. And, plan to stay into the evening for the annual Christmas tree lighting on Worthington’s Village Green.

**TREE ILLUMINATION: 5:30PM**

Southeast Village Green

Join us on the Southeast Village Green for the annual tree illumination. The program begins at 5:30 with carols and an appearance by Santa Clause to light the tree.

*Some activities are weather permitting

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**HOLIDAY CRAFT & VENDOR FAIR**

**Sunday November 17, 2019**

NOON - 4:00 PM

Community Center Gyms

Join us on Sunday, November 17th from NOON-4:00pm for our annual Holiday Craft & Vendor Fair. The holidays will be here before you know it so let us help you get a jump start on your shopping! We will have many of your favorite vendors and crafters together to help ring in the holiday season. We have local craft vendors selling their homemade items as well as direct sales vendors. Gobble up some gifts and get some items on your list checked off! Admission is free and there will be plenty of raffle items!
Bring your four legged friend to McCord Park on Sunday, October 13 from 11am-3pm for an afternoon of furry fun! There will be four ball fields filled with music, activities for you and your companion, demonstrations, rescue groups, raffles, speakers, food trucks and even a pet parade!

All proceeds will benefit Godown Dog Park

www.worthington.org/pawsinthepark
**Griswold Center**

**Overnight Trips**

**Washington D.C. by Rail**
*December 10-13, 2019*

**Highlights Include:**
- Pittsburgh
- Advent Market
- PPG Place
- WW II War Memorial
- Monuments & Memorials
- Union Station
- Amtrak’s Capitol Limited
- LeMont Restaurant
- Air & Space Museum

**Tour Includes:**
- Deluxe motorcoach
- Rail transportation
- Three nights lodging
- Five meals – 3B & 2D

**South Florida & the Keys**
*February 25 - March 1, 2020*

**Highlights Include:**
- Miami-Miami Beach
- Art Deco District
- Biscayne Bay
- Atlantic Ocean
- Everglades Airboat Ride
- Key West
- Marathon
- Conch Tour Train
- Mallory Square
- Ernest Hemingway Home & Museum
- Duval Street
- Discovery Undersea
- Glass Bottom Boat Cruise

**Tour Includes:**
- Little White House
- Scheduled air transportation including departure taxes
- Motorcoach transportation throughout Florida
- Five nights lodging
- Four meals – two breakfasts & two dinners
- All sightseeing, admissions & baggage handling
- Gratuities for drivers, guides and porters
- Professionally escorted

**Nova Scotia & Maritimes of Canada**
*July 9-16, 2020*

**Highlights Include:**
- Saint John • Bay of Fundy • Reversing Falls • Peggy’s Cove • Green Gables

**Tour Includes:**
- Round trip scheduled air
- Seven nights lodging
- Ten meals – 6B & 4D

**Paris to Normandy**
*September 15-25, 2020*

**Highlights Include:**
- Vernon–LesAndelys
- Caudebec
- “A Taste of Normandy” excursion
- Guided sightseeing in Rouen
- Conflans: Excursion to Auvers-sur-Oise
- “Heart of Paris” walking tour
- 7 Breakfasts 7 Lunches

**Tour Includes:**
- Land/cruise
- Port charges
- Meals and accommodations
- Sightseeing and services of a professional cruise director

**Trip Previews** in Thompson Room

**Christmas in Washington D.C. by Rail**
*Thu 9:30 AM-10:00 AM Oct 3*

**South Florida & the Keys**
*Thu 10:00 AM-10:30 AM Oct 3*

**Nova Scotia & Maritimes of Canada**
*Thu 10:30 AM-11:00 AM Oct 3*

**Paris to Normandy Trip Preview**
*Mon 1:00 PM-2:30 PM Oct 14*
Library
Enjoy a good book or magazine in our cozy library. Books may be checked out; procedures are posted in the library. You can help with the jigsaw puzzle in progress or enjoy a book or magazine.

Medicare and Insurance Claim Assistance
A trained OSHIP (Ohio Senior Health Insurance Information Program) volunteer is available to provide counseling and information about insurance and assistance with doctor and hospital bills. Call the Griswold Center at (614) 842–6320 for more information.

Vial of Life
The Worthington Division of Fire and EMS, in cooperation with the Central Ohio Area Agency on Aging, is providing the Vial of Life program for residents of the community. This program allows your Emergency Healthcare providers to have quick and easy access to your medical history, current medications, and other vital information. Call (614) 885–7640 (Worthington Division of Fire) during business hours of 7:30 AM to 4:30 PM for more information. Packets may also be picked up at the Griswold Center.

WPRD Photograph Policy
Photographs/videos are occasionally taken of participants of activities and visitors to facilities of the Worthington Parks and Recreation Department. These photographs/videos are used to promote Parks and Recreation programming and facilities in future Activity Brochures and a variety of other City of Worthington publications and social media. If you prefer that you or your child not be photographed during a registered program, you must “opt–out” on or before the first day of each listed course by completing an “opt–out” form at the Department’s registration desk. For any non–registered activities or visits to our parks or facilities, please notify the photographer if you prefer that you or your child not be photographed.

Are you friendly, upbeat, positive and enjoy working with Seniors?
Then we are looking for YOU!

Volunteer opportunities include:
Class Instruction, Office Work, Special Events,
Applications available at the front desk!

Parks and Recreation Staff
Darren Hurley, Director

Community Center
Holly Keller, Recreation Superintendent
Celia Thornton, Project Supervisor
Melissa Hindman, Marketing & Outreach Supervisor
Julie Sergent, Marketing & Outreach Coordinator
Nancy Haynes, Recreation Supervisor
Michael Burgdorfer, Recreation Supervisor
Jennifer Button, Customer Service Coordinator
Ryan Cooper, Recreation Supervisor—Fitness
Kevin Timmons, Recreation Supervisor—Aquatics
Randy Hannigan, Building Maintenance Technician
Emilio Castillo, Building Maintenance Assistant

Griswold Center
Colleen Light, Center Manager
Julie Stoltz, Customer Service Coordinator
Mary Kay Scott, Recreation Supervisor—Senior
Jeff Fickell, Recreation Supervisor—Senior Fitness

Parks Division
D. Scott Brown, Parks Manager
Shawn Daugherty, Parks Supervisor
Kevin Potter, Crew Leader
Wade Lallathin, Parks Technician
Jamie Britt, Parks Technician
David Ebright, Parks Technician
Tyson Cline, Parks Technician

City of Worthington
Matt Greeson, City Manager
Robyn Stewart, Assistant City Manager

Worthington City Council
Bonnie Michael, President
Rachael Dorothy
Doug Foust
Beth Kowalczyk

Scott Myers
David Robinson
Doug Smith

Parks and Recreation Commission
Bob Burpee (Chair)
Rob Wendling (Vice Chair)
Dan Armitage
Laura Ball

Rachel DeNoeuer
Dave Kessler
Michele Miller

Meetings are held the third Tuesday of each month at the Community Center at 6:00 PM.

Scheduled Fall meeting dates are:
Oct 15, Nov 19,
Pumpkin Madness

Prizes for the best costumes!
Check out page 24

Join us on Friday, October 18th!